

Dr. Rosita Hamidi, DDS
Smile Time Dental in Houston

- Obtained a Bachelor's Degree in Political Science: Administrative Studies
- Went back to school and Mastered in Educational Leadership.
- Became a teacher, and worked for 7 years before changing her career path to dentistry.

She had *orthognathic surgery*, after struggling with dental issues and headaches for her whole life.

This dental experience influenced her career change!

She shadowed a dentist in Houston, where she gained knowledge of the profession and fell in love with it.

She took 18 hours a semester (all science classes), in order to apply to dental school.

She balanced school, while caring for two children and a husband.

After all of her hard work, she gained admittance into UT Health Houston School of Dentistry.

One year after graduation, she opened up her own practice!

Advice:

- **“Love what you do and everything else will fall into place.”**
- **“Find balance between school, work, family, and play.”**
- **“Treat all humans with love and integrity.”**
- **Your journey is your own, do not compare yourself to other people.**
- **Being nontraditional in your route to dental school is OKAY.**
- She speaks 3 languages and recommends learning Spanish, due to the increasing need for this in healthcare.
- Know how to do every single thing in a dental office.
 - If you know these things, you will know if someone working for you is doing a good job.
- Respect your staff and treat them like family.
- You can do as little or as much dentistry as you want.
 - She started working 6 days a week, and now works 3 ½ days a week.
- Balance is important when you graduate dental school.

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