Dr. Scasta

Scasta Family Dentistry

- He graduated from Texas A&M University BIMS Degree
- Went to UTHealth School of Dentistry in Houston
- He owns a General Dentistry Practice
 - He specializes in TMJ Pain And Sleep Apnea (Making Dental Appliances)

Important:

- Success is determined through Emotional Intelligence.
 - It takes empathy and communication to have a successful practice.
 - Serving and educating your patients is the most important thing.
 - Patients do not care about the grades you made in school.
 - o "They don't care how much you know, they want to know how much you care."
 - Taking care of patients and staff will build your patient base and keep people coming back to you.
 - Get to KNOW your patients, a patient-provider relationship is super important.

Dentistry PROS:

- Dentistry allows you to not do the same thing everyday.
 - o General Dentistry provides you with a variety of different procedures to do.
 - You can choose what you like to do.
 - (Ex.) If you do not like doing root canals, you do not have to do them.
- You have the flexibility to make your practice what you want it to be.
- Dentistry allows you to have a better family life.
 - Provides a good work life balance.
 - He does not take much work home, allowing time for spouse/children.

The Board has now recognized this as a specialty! (TMJ/Dental Sleep Medicine)

- Dr. Scasta diagnoses jaw pain/tooth pain, as it pertains to sleep apnea and other sleep disorders.
- He had training at UCLA, in order to get certified for this.

Dental School - IT IS WORTH THE WORK!

- Getting into Dental School is an honor and something to be proud of!!
 - Pick a dental school that you vibe with and that makes you feel excited about the profession.
- Life, while in dental school, will be stressful and HARD.
 - Having resilience is important.
 - Support systems and mentors are KEY!
- The business side of dentistry is rarely taught in dental school.
 - o Dr. Scasta was an associate for a dentist after dental school.
 - This allowed him to learn about owning a business and managing a staff.