

- Be sure to get involved in the Pre-Dental Society!
  - This organization will provide countless resources and opportunities to better yourself as a dental school applicant.
- Dental Schools are now looking for hand skills (Ex. Crocheting)
  - This could be useful for service projects and gaining useful hand skills.
- Your academic record is very important and should be one of your main priorities.
  - Dental Schools only look at your transcripts after high school. (Ex. undergraduate/community college)
- Use the Pre-Dental Society as a tool to find people to relate to and rely on.
  - The Mentor/Mentee Program allows you to be put with an upperclassmen that can give you advice about things that they have already been through.
  - College is a hard transition and comes with many challenges, it is important to have people to guide you along the way.
- Learn to be a good communicator, this will help you in all aspects of your life.
- Dental Schools are looking for well rounded students.
  - Be true to yourself.
- Dental Schools are looking for a good science GPA and an overall strong GPA.
- The DAT (Dental Admission Test) is also a very crucial part.
- Questions you should ask yourself are:
  - Who are you?
  - Why are you doing this?
- Class of 25' - OPSA Workshops and Information is Coming Soon
- Letters of Recommendation for this cycle should be taken care of by January.
  - Be thinking about who will write these.
  - Build connections with your professors.
  - The power is in your hands.
- First year students, don't be defined by your mistakes and bumps in the road.
  - Don't listen to other people for advice.
- Shadowing in Bryan/College Station is hard to come by.
  - First year students- Call your dentist back home and see if you can set up hours through them.
  - Keep track of who you have shadowed and what you saw.
  - Take notes about the community being served, the business being run, and the procedures being performed.
- You need at least 50 hours of general dentistry shadowing.
  - Shadow multiple dentists.
  - Sprinkle in some specialities after this.
- Learn to develop patience.
  - This is not a fast process.
- Go in person and be persistent if you want to get something done.
  - Make things happen for yourself.
- Make an appointment with Ms. Severn, in order to help yourself become a better applicant.
  - Appointments - Tuesday, Wednesday, and Thursday. She also has Drop-In Hours.
  - Email Ms. Severn and she will answer any questions that you may have.